



Brazelton  
Touchpoints  
Center

**2010 Advanced Practice Offerings**



## **Brazelton Touchpoints Center® Advanced Practice Offerings**

### **Training Workshops and Modules**

Touchpoints in Reflective Supervision and Mentorship Module .....	3
Touchpoints 3 to 6 Year Olds Training Module .....	5
Touchpoints Early Care and Education Booster .....	6
Using the Language of the Child's Behavior Module.....	8
Touchpoints and Emotional Development Module.....	9
Touchpoints of Discipline Module.....	10
Touchpoints of Feeding and Sleeping Module.....	11
Touchpoints and Fatherhood Workshop.....	12
Facilitating Effective Family Learning about Child Development and Play Workshop.....	
Touchpoints for Families of Children with Special Needs Advanced Training .....	14
Touchpoints for Families with Children with Chronic Conditions with a Focus on Asthma.....	16

### **Touchpoints Presentations and Programs for Families**

Touchpoints Toilet School.....	18
Touchpoints Presentations for Families.....	19

## Touchpoints in Reflective Supervision and Mentorship Module

### Purpose

Evaluations indicate the need for providers to supplement training in the Touchpoints Approach with structured learning opportunities over time in order to ensure continued use of the Approach in practice. Reflective Supervision in the practice of the Touchpoints Approach was created to offer supervisors and mentors a tool for structured learning to help providers reinforce use of the Touchpoints Approach through guided journaling and reflection.

### Description

The Touchpoints in Reflective Supervision and Mentorship Module is designed for supervisors who have completed training in the Touchpoints Approach and whose workforce is learning to integrate the Touchpoints Approach in practice after completing Touchpoints training. This half-day module introduces supervisors to the concept of reflective practice and using a process of self-reflection for staff development and support. The process of reflective practice serves as catalyst for critical thinking about past interactions and enhancing use of the Touchpoints Approach in current and future work with families.

This module emphasizes the Touchpoints principles and assumptions as a starting point for mentoring providers in their development of mastery in the Touchpoints Approach and in building stronger collaborative relationships with families. Reflective practice coupled with supervision is key to reinforcing and sustaining use of the Touchpoints Approach in practice. This module explores the benefits of the journaling process for facilitating both reflective supervision and practice. Material includes resources for both supervisors and providers.

Touchpoints in reflective supervision and mentorship focuses on professionalizing the identity of providers through appreciation of their knowledge and expertise.

### Development

Sites in the Touchpoints Network have been actively engaged in developing models and practices of reflective supervision and mentorship. This module orients supervisors and mentors to Reflective Practice, using a journaling template that was developed from a process used by early care educator and Touchpoints trainer, LeAnne Grace, Wilkes-Barre, PA, Touchpoints Network. This resource was further developed through the work of the BTC Child Care Working Group, with the leadership of BTC faculty Jayne Singer. This has led to collaboration across disciplines and sites. Two members of the Touchpoints Network, Christina Manna, Vermont, and Carrie Schwartz, Pueblo of Laguna, played a key role, as well as the Reflective Practice in Nursing Working Group organized by BTC faculty Ann Stadtler.

### Target Audience

Supervisors of providers working directly with families and who have completed Touchpoints training are encouraged to attend. After completing this training, supervisors may orient providers. This module is open to Touchpoints Teams who have been prepared to deliver training, but is not being offered as a Train the Trainer Program at this time.



## **Touchpoints in Reflective Supervision and Mentorship Module, cont.**

### **Format**

This Reflective Supervision module is available as follows:

- o a 1-day workshop in a local community or
- o as part of a 2-day Early Care and Education (ECE) Booster workshop in a local community (The Booster also includes Touchpoints 3 to 6 year olds and highlights of the ECE Train the Trainer Program.).

This training will be offered as an option to supervisors completing the introductory ECE Training Program in Boston.

### **Limitations**

Material may not be reproduced without express permission.

### **Ordering**

To schedule a workshop in a local community, please contact the Brazelton Touchpoints Center®. The minimum number of participants is 8, and the maximum is 25.

## Touchpoints 3 to 6 Year Olds Training Module

### Purpose

Touchpoints 3 to 6 Year Olds was created to respond to requests of the Touchpoints Network for training and support to build on Touchpoints training focused on children (from birth to three years).

### Description

The Touchpoints 3 to 6 Year Olds Training Module highlights the developmental themes and associated parental emotions that are likely to affect how the whole family functions during the preschool years. The training identifies opportunities for practice and offering anticipatory guidance for families with 3 to 6 year olds. This training presents practical tools to providers who have completed training in Touchpoints (built on developmental Touchpoints of children from birth to 3 years). The intention of the training is to apply the Developmental and Relational Frameworks to support mastery within families of preschool aged children. The training exercises assist providers to apply reflective practice and to shift their thinking and strategies toward a strength-based approach to build relationships with children and families.

While this training was developed for professionals in early care and education, providers in other disciplines may also attend and make excellent use of the training exercises and materials.

### Target Audience

- o Anyone who has completed Touchpoints training working with children (from 0 to 3 years)
- o Touchpoints Team members who have completed Touchpoints training and who have been prepared to deliver training in their communities.

### Format

This training is available as follows:

- o a half-day workshop in a local community or
- o a half-day module in the new 2-day Touchpoints Early Child Care and Education (ECCE) Booster (available as a workshop in a local community)

This training will be offered as an option in the Touchpoints ECCE Introductory Program in Boston.

### Limitations

Material may not reproduced without express permission of the Brazelton Touchpoints Center®.

### Ordering

To schedule a workshop in a local community please contact the Brazelton Touchpoints Center®. The minimum number of participants is 8, and the maximum is 25.

## Touchpoints Early Care and Education Booster Training

### Purpose

This Booster was created for Touchpoints Teams that would like to focus on delivering training to Early Care and Education providers. The Booster offers new content on reflective supervision, Touchpoints of 3 to 6 year olds, and an overview of the Touchpoints Early Child Care and Education (ECCE) Train the Trainer program. This adaptation of Touchpoints reflects the uniqueness of the relationship Early Care professionals have with children and whole families, the opportunities to support the parent-provider relationship of shared care-giving, and the implications of that relationship for supporting children's development.

### Description

The Touchpoints Early Child Care and Education (ECCE) Booster is a 2-day workshop to support and strengthen the use of the Touchpoints Approach in practice by Early Care and Education providers. This training is intended to support quality improvement in child care settings. The Booster will strengthen the ability of existing Touchpoints Teams to deliver training to Early Care and Education providers in their areas of impact. Touchpoints Team members may attend either or both of the two days, depending on their needs.

Day 1 focuses on the key differences between the Touchpoints Early Care and Education Train the Trainer Program and the multi-disciplinary Touchpoints training completed by most Touchpoints Teams (ILT, CLT or FLT). The module offers instruction and preparation for delivering the introductory Early Care and Education Training Program to ECCE providers. It is designed for attendance by existing Touchpoints Teams (trainers).

Day 2 is organized into two half-day modules. The first half-day module introduces Touchpoints in Reflective Supervision and Mentorship. This module is designed for supervisors as well as for Touchpoints Teams who serve as mentors supporting providers who are learning to integrate the Touchpoints Approach in practice. Supervisors do not have to be trainers in order to participate.

The second half-day module on Day 2 introduces Touchpoints of 3 to 6 year olds. This module highlights the preschool themes of development and associated parental emotions that are likely to affect how the whole family functions. The training identifies opportunities for practice and offering anticipatory guidance at key Touchpoints of children from 3 to 6 years. This training offers practical tools to providers who have completed Touchpoints training (from birth to 3 years). The training encourages reflective practice. Participants do not have to be trainers in order to participate.



## **Touchpoints Early Care and Education Booster Training, cont.**

### **Target Audience**

This Booster is geared to meet the needs of Early Care and education providers, but is open to providers in any discipline who have completed training in the Touchpoints Approach. Touchpoints Teams who have been prepared to deliver training may attend both days (or either day) of this 2-day workshop. Individual-level providers or supervisors who are not trainers may attend Day 2. Day 2 may be opened to:

- o supervisors of providers who are learning to integrate the Touchpoints Approach in practice or
- o anyone who has completed Touchpoints training.

### **Format**

This training will be presented as a workshop in a local community. The modules may also be requested separately and will be priced accordingly.

### **Limitations**

Material may not be reproduced without express permission of the Brazelton Touchpoints Center®.

### **Ordering**

To schedule a workshop in a local community, please contact the Brazelton Touchpoints Center®. The minimum number of participants is 8, and the maximum is 25.

## Using the Language of the Child's Behavior Booster

### Purpose

This workshop demonstrates how the Touchpoints Approach may be used effectively to develop shared, caregiving partnerships with families and to manage challenges related to understanding child behavior.

### Description

This workshop is intended to help providers deepen their understanding and use of the Touchpoints principle of the child's behavior as language. We will focus on using the behavior of the child as language as a powerful means for establishing relationships and real dialogue with families about their child. Participants will develop skills for recognizing differences between description, explanation, and interpretation of child development and behavior. Participants will also practice strategies to build supportive relationships with families.

### Development

Brazelton Touchpoints Center® faculty Ann Stadtler and Constance Keefer have taken the lead in designing and developing this content to help providers develop competence in using Dr. Brazelton's model of using observation of child behavior as an opportunity for relationship building with parents.

### Target Audience

- o Anyone who has completed Touchpoints training
- o Touchpoints Team members who have completed Touchpoints training and who have been prepared to deliver training in their communities.

### Format

This training is available as follows:

- o a half-day workshop in a local community
- o as part of a series of workshops in a local community.

### Limitations

Material may not reproduced without express permission of the Brazelton Touchpoints Center®.

### Ordering

To schedule workshop in a local community, please contact the Brazelton Touchpoints Center®. The minimum number of participants is 8, and the maximum is 25.

## Touchpoints and Emotional Development Module

### Purpose

This workshop explores Emotional Development in the Early Years and how the Approach may be used to as an opportunity to nurture successful learners.

This session offers participants a view of early emotional development from a Touchpoints perspective. Participants explore children's emotional development through the progression of Touchpoints over time.

### Description

This workshop offers participants a view of early emotional development from a Touchpoints perspective. This session emphasizes the central importance of children's relationships for brain development and early learning. The session offers opportunities to examine how child emotional development is not simply a maturational process but is interwoven with early relationships. Participants explore the progression of emotional development over time at specific Touchpoints, the bursts and regressions in child development. This workshop highlights how parents and professional caregivers can support the efforts of infants and young children to master the challenges of self-regulation, sensory processing, and social interaction to understand themselves and others.

### Development

Brazelton Touchpoints Center® faculty have taken the lead in designing and developing this content.

### Target Audience

- o Anyone who has completed Touchpoints training
- o Touchpoints Team members who have completed Touchpoints training and who have been prepared to deliver training in their communities.

### Format

This training is available as follows:

- o a half-day workshop in a local community or
- o a half-day module in a 1- 2-day Booster (available as a workshop in a local community)
- o a presentation for large audiences.

### Limitations

Material may not reproduced without express permission of the Brazelton Touchpoints Center®.

### Ordering

To schedule workshop in a local community, or presentation, please contact the Brazelton Touchpoints Center®. The minimum number of participants is 8, and the maximum is 25. For the presentation format, there is no maximum.

## Touchpoints and Topics in Child Behavior: Discipline Training Module

### Purpose

This workshop demonstrates how the Touchpoints Approach may be used to support parents who are helping their children to learn self-discipline.

### Description

This workshop is intended to help providers deepen their understanding and use of the Touchpoints Approach as a way to support parents who are helping their children learn to self-discipline. This session offers an opportunity for providers to practice the Touchpoints developmental framework as it relates to the need for discipline. Participants will also be able to practice the relational framework and use anticipatory guidance to assist in creating collaborative plans with families to address their children's behavior. The training exercises help providers differentiate the perspectives of families and providers and to use reflective practice to shift their thinking and strategies toward a strength-based approach to building relationships with children and families.

This workshop may be designed as a Train the Trainer workshop and will be priced accordingly.

### Development

BTC faculty Jayne Singer and Marlies Zammuto designed and developed this content based on Discipline the Brazelton Way by T. Berry Brazelton, MD and Joshua Sparrow, MD.

### Target Audience

- o Anyone who has completed Touchpoints training
- o Touchpoints Team members who have completed Touchpoints training and who have been prepared to deliver training in their communities.

### Format

This training is available as follows:

- o 1-2 day workshop in a local community
- o as a series of 2-4 half-day workshops in a local community

### Limitations

Material may not reproduced without express permission of the Brazelton Touchpoints Center®.

### Ordering

To schedule workshop in a local community, please contact the Brazelton Touchpoints Center®. The minimum number of participants is 8, and the maximum is 25.



## Touchpoints of Feeding and Sleeping Module

### Purpose

This set of workshops demonstrates how the Touchpoints Approach may be used to support families to address concerns related to feeding and sleeping.

### Description

These workshops are intended to help providers deepen their understanding and use of the Touchpoints Approach as a way of supporting families in their caregiving routines. This session offers an opportunity for providers to practice the Touchpoints developmental framework as it relates to the need for sleeping and feeding. Participants will also be able to practice the relational framework and use anticipatory guidance to assist in creating collaborative plans with families to address their children's behavior. The training exercises assist providers to differentiate the perspectives of families and providers and to use reflective practice to shift their thinking and strategies toward a strength-based approach to building relationships with children and families.

This workshop may be designed as a Train the Trainer workshop and will be priced accordingly.

### Development

BTC faculty Jayne Singer and Marlies Zammuto designed and developed this content based on [Sleeping the Brazelton Way](#) and [Feeding the Brazelton Way](#) by T. Berry Brazelton, MD and Joshua Sparrow, MD.

### Target Audience

- o Anyone who has completed Touchpoints training
- o Touchpoints Team members who have completed Touchpoints training and who have been prepared to deliver training in their communities.

### Format

This set of training is available as a 2-day workshop in a local community.

### Limitations

Material may not reproduced without express permission of the Brazelton Touchpoints Center®.

### Ordering

To schedule a workshop in a local community please contact the Brazelton Touchpoints Center®. The minimum number of participants is 8, and the maximum is 25.

## Touchpoints and Fatherhood

### Purpose

This workshop demonstrates how the Touchpoints Approach may be used to engage and establish partnerships with fathers.

### Description

Fathers and other males play important roles in children's lives beyond supporting mother-child relationships. However, the exclusion of men from valued parenting roles has inadvertently been institutionalized by a wide range of health, social, and educational settings. The Touchpoints approach to working with families of young children offers a framework through which providers can support fathers' relationships with their children and help them define their parenting roles in a changing culture.

This workshop presents a brief review of the research on fatherhood and a consideration of how elements of the Touchpoints approach can be applied to work with the men in children's lives. The session explores the notion of disorganization for fathers as applied to family development over time, issues of gatekeeping between parents, and the effects of parenting on male development. Participants will complete a number of experiential exercises to reflect on their interactions with fathers and how they might use Touchpoints to improve their work with the men in children's lives.

### Development

Brazelton Touchpoints Center® faculty John Hornstein and Marlies Zammuto have taken the lead in designing and developing this content to help providers develop competence in engaging and establishing partnerships with fathers.

### Target Audience

- o Anyone who has completed Touchpoints training
- o Touchpoints Team members who have completed Touchpoints training and who have been prepared to deliver training in their communities.

### Format

This training is available as a 1-day workshop in a local community. The length may be tailored to meet the needs of the audience.

### Limitations

Material may not reproduced without express permission of the Brazelton Touchpoints Center®.

### Ordering

To schedule a workshop in a local community, please contact the Brazelton Touchpoints Center®. The minimum number of participants is 8, and the maximum is 25.

## **Facilitating Effective Family Learning about Child Development and Play Workshop**

### **Purpose**

This workshop demonstrates opportunities to facilitate family learning about child development and play through experiential activities that may be integrated into Parent Groups.

### **Description**

This workshop features activities to facilitate family learning about child development and play through experiential activities that may be integrated into Parent Groups. Participants focus on using the Touchpoints Approach to help families understand social and emotional development. This workshop highlights the importance of play as an opportunity to promote social, emotional, cognitive, language and motor development and personal skills that lead to learning success. Participants reflect on the development of 3-year olds as an example. These activities may be used with families of young children of any age or in same- or mixed-age groups.

### **Development**

A team of Brazelton Touchpoints Center® faculty and staff has taken the lead in designing and developing this content.

### **Target Audience**

- o Anyone who has completed Touchpoints training.
- o Touchpoints Team members who have completed Touchpoints training and who have been prepared to deliver training in their communities.

### **Format**

This training is available as follows:

- o a 1-day workshop in a local community
- o as a series of workshops in a local community

### **Limitations**

Material may not reproduced without express permission of the Brazelton Touchpoints Center®.

### **Ordering**

To schedule a workshop in local community, please contact the Brazelton Touchpoints Center®. The minimum number of participants is 8, and the maximum is 25.

## **Touchpoints for Families of Children with Special Needs Advanced Training**

### **Purpose**

In general, the Touchpoints Training Program has focused on supporting providers integrating the Approach in practice with families whose children experience typical development. This advanced training demonstrates how the Touchpoints Approach may be used in work with families whose children have special needs.

### **Description**

The Touchpoints for Families with Children with Special Needs Advanced Training is designed to apply the Touchpoints Developmental Framework to children living with special needs and to increase providers' capacity to communicate effectively with families around those needs. The goal is to offer providers an opportunity to explore and integrate the Touchpoints Approach to help meet the needs of families who have children with special needs (from birth to six years). This module supports providers in using Touchpoints principles and assumptions to strengthen relationships with families and to affirm families' sense of mastery. Specific opportunities and challenges in the family-provider relationship will be addressed:

- o delivering diagnoses and communicating with families
- o using anticipatory guidance with the family to support family development
- o recognizing and incorporating grief as part of a strength-based model
- o cultural themes and avoiding biases
- o family/child observation
- o strength-based approaches to familial stress
- o early recognition of developmental delay
- o developmental intervention in multiple settings
- o creating an empathic community
- o referral and advocacy, and
- o professional support.

### **Development**

This advanced training is the initial product of a multi-year initiative focused on meeting the needs of families of children with disabilities. This training was completed with support of a Head Start Planning Grant. We acknowledge the leadership of the Brazelton Touchpoints Center® faculty and the Touchpoints Special Needs Team, led by Dr. Leslie Richard, Lanterman Center, Los Angeles, CA, Touchpoints Network.

### **Target Audience**

Providers who have completed Touchpoints training and who are working with families who have children with special needs. This training is open to Touchpoints Teams, but is not being offered as a Train the Trainer Program at this time. (We hope to offer a Train the Trainer Program in the future.)



## **Touchpoints for Families with Children with Special Needs Advanced Training, cont.**

### **Format**

This advanced Touchpoints training seminar is available as:

- o a 1 ½-day workshop in a local community
- o as a series of workshops in a local community

### **Limitations**

Material may not be reproduced without express permission of the Brazelton Touchpoints Center®.

### **Ordering**

To register for this training in Boston or to schedule a workshop in a local community, please contact Brazelton Touchpoints Center®. The minimum of participants is 8, and the maximum is 25.



## **Touchpoints for Families with Children with Chronic Conditions With a Focus on Asthma**

This workshop demonstrates how the Touchpoints Approach may be used to develop caregiving partnerships with families whose children have chronic conditions, including asthma.

### **Description**

The workshop consists of two modules described as follows.

Module 1 focuses on how a family's predictable emotional adaptation to their children's chronic illness can influence their interactions with healthcare providers and their health promoting behaviors. This discussion will explore how Touchpoints strategies can be helpful. The workshop encourages participants to explore and reflect on families' perspective about their child and role as caregivers. Participants will have an opportunity to review cases and identify solutions for group discussion.

Module 2 demonstrates the use of Touchpoints Approach as a tool for interacting with a family as well as with providers across disciplines to achieve treatment adherence. Participants explore the issue of adherence with challenging families and with providers across disciplines. Participants discuss opportunities to construct new goals and plans with families and other providers to achieve adherence.

This offering may be designed and tailored to meet the needs of the participants.

### **Development**

Brazelton Touchpoints Center® faculty Ann Stadtler, Joshua Sparrow and Dr. Brazelton have taken the lead in designing and developing this content.

### **Target Audience**

- o Anyone who has completed Touchpoints training.
- o Touchpoints Team members who have completed Touchpoints training and who have been prepared to deliver training in their communities.



## **Touchpoints in Working with Families with Children with Chronic Conditions With a Focus on Asthma, cont.**

### **Format**

This training is available as follows:

- o a 1-day regional (on-site) workshop or
- o as a series of half-day modules tailored to meet the needs of the participants.

### **Limitations**

Material may not reproduced without express permission of the Brazelton Touchpoints Center®.

### **Ordering**

To schedule workshop in a local community, please contact the Brazelton Touchpoints Center®. The minimum number of participants is 8, and the maximum is 25.



## Touchpoints Toilet School Program

### Purpose

This workshop is designed to prepare Touchpoints-trained healthcare, childcare, early childhood education, and social service professionals to implement Toilet School in their own communities and organizations.

### Description

Touchpoints Toilet School is a six-week group treatment model for parents and their children, ages four to six, who are having difficulty with toilet learning. When a child is four-years old and not trained in the daytime, it is frustrating for both parent and child. Many parents feel like they have failed when their child is not trained by the expected time, and they find it difficult to find helpful support to guide their child to success. Toilet School is one approach to treatment that has been enormously successful. Nearly 200 children, both developmentally typical and developmentally atypical (e.g., with PDD, ADHD, autism, mental retardation, cerebral palsy, Down Syndrome, and sensory integration or metabolic disorders), have participated in Toilet School at Children's Hospital in Boston. The success rate at Children's Hospital has been about 85%. Some developmentally delayed children have needed more time after the six group sessions to successfully complete the process.

Parents and children meet in separate but simultaneous groups during Touchpoints Toilet School, and each week the focus is on a different goal. Employing a stepwise approach to toilet teaching throughout the course of the group sessions, Toilet School helps children achieve success.

### Development

Based on the Touchpoints Approach, the Toilet School program was developed in 1995 by Ann Stadler and her colleagues at the Pain and Incontinence Program at Children's Hospital Boston.

### Target Audience

- o Anyone who has completed Touchpoints training and who has experience in working with parent and/or children's groups. Please contact us to discuss additional requirements.
- o Touchpoints Team members who have completed Touchpoints training and who have been prepared to deliver training in their communities.

### Format

This program is available as follows:

- o a series of weekly consultations.

### Limitations

Material may not reproduced without express permission of the Brazelton Touchpoints Center®.

### Ordering

To learn more about the Touchpoints Toilet School program, please contact the Brazelton Touchpoints Center®. The minimum number of participants is 8, and the maximum is 25.

## Touchpoints Presentations for Families

### Purpose

This presentation combines an informative topical presentation with an interactive question and answer period for parents in order to foster healthy self-esteem in both the parent and the child.

### Description

Led by Dr. Brazelton and Brazelton Touchpoints Center® faculty, Touchpoints Presentations for Families are a dynamic opportunity for parents. Based on many interviews with parents, this session addresses the many stresses parents face today, the pressures imposed on them to “perform” as well as possible solutions. This presentation focuses on infant and child development and contemporary parenting issues. The discussion underscores the relationship between child development and parental expectations. The goal of the presentation is to establish healthy self-esteem in both the parent and the child, based on an attachment model. Dr. Brazelton’s warmth and wisdom create a sense of community for parents. Parents bring searching questions and thoughtful concerns common to parents seeking the best outcomes for their children.

### Target Audience

- Parents. Audiences typically range from 300 – 1,500 participants.
- Anyone who has completed Touchpoints training.
- Touchpoints Team members who have completed Touchpoints training and who have been prepared to deliver training in their communities.

### Format

This training is available as follows:

- A 1-2 hour presentation
- as part of the National Seminar Series

### Limitations

Material may not reproduced without express permission of the Brazelton Touchpoints Center®.

### Ordering

To schedule a presentation for families in a local community, please contact the Brazelton Touchpoints Center®. Audiences typically range from 300 – 1,500 participants.