



Bringing PPD

Into The Light:

Decreasing stigma, supporting families and implementing policy change in Massachusetts.

Wednesday, February 11, 2015 12 - 3 pm.

Learn about Postpartum Depression and the resources available for families.
Talk with legislators. Let them know what's important to you.

•

Speakers begin at 12:30pm

Featuring:

Claudia M. Gold, MD – Pediatrician · Director, Early Childhood Social Emotional Health Program, Newton Wellesley Hospital · Author *Keeping Your Child in Mind*, and the forthcoming *Listening to Parents and Children: Protecting Space and Time for Growth, Healing and Resilience*

Jamie Zahlaway Belsito – PPD “Survivor” · **Dr. Nancy Byatt** - Medical Director, MCPAP for Moms ·
Liz Friedman – Founder, MotherWoman · **Divya Kumar** – Postpartum Doula at Southern Jamaica Plain Health Center

•

STATE HOUSE: Great Hall

Commuter Rail: North Station · MBTA: Park Street

Sponsored by Ipswich Birth to Three Family Center.