



## **Parenting While Black 2022: Webinar Resources (March 21, 2022)**

### ***Episode 2: Infertility, Fertility, and Birthing: the Black Family Experience***

#### **Articles:**

- The Disturbing State of Black Maternal Health in the U.S.  
<https://www.icf.com/insights/health/african-american-maternal-mortality-rates>
- 8 Innovators Working for Real Changes to Maternal Health in America  
<https://www.parents.com/pregnancy/giving-birth/preparing-for-labor/innovators-working-for-real-changes-to-maternal-health-in-america/>
- 'Our Mamas Can't Wait.' NC Leaders Push to Address Deadly Disparities for Black Moms.  
<https://www.newsobserver.com/news/politicsgovernment/article249150400.html>

#### **Reports:**

- Maternal Mortality Rates in the United States. Hoyert, D. L. (2020).  
<https://www.cdc.gov/nchs/data/hestat/maternal-mortality/2020/E-stat-Maternal-Mortality-Rates-2022.pdf>
- Setting the Standard for Holistic Care of and for Black Women  
[http://blackmamasmatter.org/wp-content/uploads/2018/04/BMMA\\_BlackPaper\\_April-2018.pdf](http://blackmamasmatter.org/wp-content/uploads/2018/04/BMMA_BlackPaper_April-2018.pdf)
- Black Women's Maternal Health: A Multifaceted Approach to Addressing Persistent and Dire Health Disparities <https://www.nationalpartnership.org/our-work/health/reports/black-womens-maternal-health.html>
- Maternal Mortality and Maternity Care in the United States Compared to 10 Other Developed Countries. <https://www.commonwealthfund.org/publications/issue-briefs/2020/nov/maternal-mortality-maternity-care-us-compared-10-countries>
- Centering the Experiences of Black Mamas in the Workplace: How The Pregnant Workers Fairness Act Can Support Black Maternal Health.  
<https://www.abetterbalance.org/centering-black-mamas-pwfa/>
- DeVane-Johnson, S., Woods-Giscombé, C., Thoyre, S., Fogel, C., & Williams, R. (2017). Integrative literature review of factors related to breastfeeding in African American women: Evidence for a potential paradigm shift. *Journal of Human Lactation*, 33(2), 435-447.



- **DeVane-Johnson, S.**, Woods-Giscombe, Williams, R., C., Fogel, C., Thoyre, S., (2018). **Social, Cultural and Historical Influences on African American Women's Infant-Feeding Practices.** Journal of Perinatal Education. Vol 27 (2), 71-85.
- White, L. and **DeVane-Johnson, S.** (2020). **Increasing Black Breastfeeding by Increasing Black Health Professionals.** The Journal for Nurse Practitioners. Vol (16) (1), 89.

### Organizations:

- Alliance of Black Doulas for Black Mamas. <https://www.alliance-bdbm.com>
- Black Mamas Matter Alliance. <https://blackmamasmatter.org/>
- National Birth Equity Collaborative. (NBEC) <https://birthequity.org/>
- Black Women Birthing Justice. <https://www.blackwomenbirthingjustice.com/>
- Black Women's Health Imperative. <https://bwhi.org/>
- MOTHER Lab. <https://motherlab.org> FAST FACTS: <https://motherlab.org/fast-facts/>
- Sista Midwife Productions and the Sista Midwife Directory <https://www.sistamidwife.com/>
- National Black Doulas Association. <https://www.blackdoulas.org/>
- National Association to Advance Black Birth. <https://thenaabb.org>
- Shades of Blue Project. <https://www.shadesofblueproject.org/inspire-method-training>

### Videos:

- Black Motherhood through the Lens Trailer <https://vimeo.com/486605249?ref=em-share>
- TED Talk: How Racism Harms Pregnant Women - and What Can Help <https://www.npr.org/2018/03/16/593870089/miriam-zoila-p-rez-how-does-racism-affect-pregnant-women-and-babies>
- TED Talk: How the US medical community fails Black mothers. <https://www.tedmed.com/talks/show?id=770778>
- Docuseries: NATAL <https://www.natalstories.com/>

### Guides/Toolkit:

- Protecting Your Birth: A Guide for Black Mothers. <https://www.nytimes.com/article/black-mothers-birth.html>



- You're Black and Pregnant. What Should Your Birth Plan Actually Look Like? <https://www.self.com/story/black-pregnant-birth-plan>
- How to Advocate for Yourself as a Pregnant Black Woman <https://www.glamour.com/story/how-to-advocate-for-yourself-as-a-pregnant-black-woman>
- Glamour's Black Maternal Health Section. <https://www.glamour.com/about/black-maternal-health>

### Blogs

- Black Moms Blog. <https://blackmomsblog.com/>
- The Black Mom's Guide to Calm. <https://www.blackmomsguidetocalm.com/>
- Mater Mea. <https://matermea.com/>

### Books

- My Brown Baby: On the Joys and Challenges of Raising African American Children - Denene Millner
- Motherhood So White: A Memoir of Race, Gender, and Parenting in America - Nefertiti Austin

### Fathers

- <https://successfulblackparenting.com/2016/06/11/pregnancy-prenatal-beliefs-of-african-american-fathers-ms/>
- <https://www.parents.com/kindred/black-fatherhood-is-infinite/>
- [https://journals.lww.com/mcnjournal/Citation/2018/09000/Role\\_of\\_the\\_Father\\_of\\_the\\_Baby\\_on\\_Maternal\\_Mental.1.aspx](https://journals.lww.com/mcnjournal/Citation/2018/09000/Role_of_the_Father_of_the_Baby_on_Maternal_Mental.1.aspx)
- Dear Black Dads: Wisdom for Your Journey to Fatherhood. Jamal J. Myrick (2020).

### Birthing People

- Advocate, Kayden Coleman. <https://www.instagram.com/kaydenxofficial/?hl=en> and <https://kaydenxcoleman.com/about/>