



## Parenting While Black 2022: Webinar Resources (March 7, 2022)

### ***Episode 1: Centering in Black Joy and Excellence with our Children, Families and Communities***

#### **What is a Black joy?**

*“Black joy means not erasing the difficulties of the Black experience but showing the whole truth by creating balance... Black joy is a form of resistance. The world may be working against us, but in the face of that it is really an activist movement for Black people to still choose and find joy.”*

- Kleaver Cruz (2021)

#### **Articles:**

- **What 'Black Joy' Means and How It Grew** - AARP: <https://www.aarp.org/home-family/friends-family/info-2021/black-joy.html> by Carlett Spike (2021)
- **Five Ways to Celebrate Black Joy** - Safe Horizon: <https://www.safehorizon.org/stories/celebrate-black-joy> by Michelle Lawrence (2021)
  1. Practice Self-Care.
  2. Get Children Involved.
  3. Spread Black Joy to the Entire Community, That Means Everyone.
  4. Learn About Black Creatives and Artists.
  5. Celebrate Black Healers and Innovators.
- **The Healing Power of Celebrating Black Excellence and Joy** by Kristina D'Angelo (2021) <https://cwcwestvalley.org/the-healing-power-of-celebrating-black-excellence-and-joy/>
- **How Black Art Can Spark Conversations with Children** by Dr. Aisha White (2019) <https://www.pbs.org/parents/thrive/how-black-art-can-spark-conversations-with-children>
- **A Beautiful Resistance** by Jeneé Osterheldt (2020) <https://www.bostonglobe.com/metro/special-reports/a-beautiful-resistance/watch/>
- **Black Joy, We Deserve It** by Cody Charles (2017) <https://medium.com/reclaiming-anger/black-joy-we-deserve-it-1ab8dc7569b1>
- **Don't Teach Black History without Joy** by Janie Hoover (2021) <https://www.edweek.org/teaching-learning/opinion-dont-teach-black-history-without-joy/2021/02>

#### **Research Reports:**

- **Black Child National Agenda: America Must Deliver on its Promise** by Iruka, James, Reaves, & Forte (2021). [https://equity-coalition.fpg.unc.edu/wp-content/uploads/Black-Child-Natl-Agenda-Final2\\_Web.pdf](https://equity-coalition.fpg.unc.edu/wp-content/uploads/Black-Child-Natl-Agenda-Final2_Web.pdf)



- **Black parent voices: Resilience in the face of the two pandemics—COVID-19 and racism.** - Researchers Investigating Sociocultural Equity and Race (RISER) Network. by Iruka, Curenton, Sims, Escayg, Ibekwe-Okafor, & RAPID-EC. (2021). <https://fpg.unc.edu/publications/black-parent-voices-resilience-face-two-pandemics-covid-19-and-racism>
- **Black parents and their babies: Attending to the first 1,000 days** by Iruka, Sims, & Forte (2021). <https://equity-coalition.fpg.unc.edu/resource/black-parents-and-their-babies-attending-to-the-first-1000-days/>
- **Anti-racist policymaking to protect, promote, and preserve Black families and babies** by Iruka, Harper, Lloyd, Boddicker-Young, De Marco, & Jarvis, B. (2021). <https://equity-coalition.fpg.unc.edu/resource/anti-racist-policymaking-to-protect-promote-and-preserve-black-families-and-babies/>

#### Organizations/Events:

- **The Annual Black Joy Parade** in Oakland, CA <https://www.blackjoyparade.org/about>
- **The National Center for Afro-American Artists (NCAAA)** <https://ncaaa.org>
- **Coalition of Black Excellence** <https://cbenonprofit.org>
- **The Black Genius Foundation**  
<https://www.theblackgeniusfoundation.org>
- **The Foundation for Black Excellence**  
<https://www.foundationforblackexcellence.org>
- **Grandfamilies and Kinship Support Network – Generations United** <https://www.gu.org/projects/ntac-on-grandfamilies-and-kinship-families/>

#### Videos:

- **Black Joy in Cinema: The Power of Black Joy on Screen**  
<https://youtu.be/AjoCaqTKg5I>



#### Audio:

- **WHYY, THE PULSE — A Podcast. How informal adoptions became a mainstay of African American family Life** by Sojourner Ahébé  
<https://whyy.org/segments/how-informal-adoptions-became-a-mainstay-of-african-american-family-life/>

#### Books:

- **Black Joy: Stories of Resistance, Resilience, and Restoration** by Tracey Michael Lewis-Giggetts (2022). \*Here is a link to a short news interview with the author on NBC
- **Teaching and Leading with Emotional Intelligence: A Dilemma-Based Casebook for Early Care and Education** by Peggy Daly Pizzo, Teresa Gonczy O'Rourke, & Ed Greene (2027).



- **Don't Look Away: Embracing Anti-bias Classrooms** by Iheoma Iruka, Stephanie Curenton, & Tonia Durden (2020).
- **Advancing Equity and Embracing Diversity in Early Childhood Education: Elevating Voices and Actions** by Iliana Alanís, Iheoma Iruka, & Susan Friedman (2021).

### Resources for Children:

#### *Racially Affirming Children's Books*

- ***Black Boy Joy: 17 Stories Celebrating Black Boyhood*** by Kwame Mbalia
- ***Hair Love*** by Matthew A. Cherry
- ***I can do it too!*** by Karen Baicker
- ***I Am Enough*** by Grace Byers
- ***Brown Girl Dreaming*** by Jacqueline Woodson
- ***Watch Us Rise*** by Renée Watson and Ellen Hagan
- ***I Am Every Good Thing*** by Derrick D. Barnes
- ***Shades of Black: A Celebration of Our Children*** by Sandra L. Pinkney
- ***I'm Dreaming of a Brown Christmas*** by Steven Gray and Vernon Gibbs
- ***Our Skin: A First Conversation About Race*** by Megan Madison
- ***The ABCs of HBCUs*** by Claudia Walker.
- ***TuTu Goes Green*** by Tulani Thomas.

#### *Children's Literacy*

- **COMING TOGETHER: The ABCs of Racial Literacy** - Sesame Street in Communities.  
Provides resources to develop children's understanding, curiosity, resilience, and empathy—and to prepare for the task of building a better world by standing up, standing tall, and standing together. <https://sesamestreetincommunities.org/topics/racial-justice/>

#### *Affirmations*

- **Charm Words Podcast** <https://www.abfc.co/shows/charm-words-affirmations-for-kids/>
- **Lovely Affirmation Cards** <https://lessouires.bigcartel.com/product/lovely-affirmation-cards>

#### *Color and Colorism*

- **All the Colors we Are: The Story of How We Get Our Skin Color** by Katie Kissinger  
<https://socialjusticebooks.org/all-the-colors-we-are-story-skin-color/>
- **Different & Differenter: An Activity Book About Skin Color** by Jyoti Gupta  
<https://www.jyotigupta.com/different-differenter>



**Brazelton  
Touchpoints  
Center**

*Children's Activities/Toys*

- **The Black Toy Store** (online destination for hand-picked children's toys, games, books and gifts that reflect the beauty, joy diversity of the African Diaspora curated by Claudia Walker).  
<https://blacktoystore.com/>
- **Our Brown Boy Joy** <https://www.ourbrownboyjoy.com>
- **Kiwico Science and Art Projects for kids** <https://www.kiwico.com/>