



Supporting Families of Young Children: Services and Supports for Family-Facing Professionals

The Brazelton Touchpoints Center (BTC) offers dynamic professional development workshops, presentations, and research and evaluation services for providers who engage children and their families. Our offerings build capacity for professionals across fields of practice including: early care and education, home visiting, child welfare, early intervention, pediatric and perinatal health, mental health, children’s museums and libraries.

BTC’s trainings address pressing challenges facing children, families, and professionals today, such as:

- Culturally responsive relationships
- Surfacing implicit bias, working toward racial equity and inclusion
- Productive conversations about sensitive concerns
- Trauma, resilience, and healing
- Mental health, well-being, and self-care

Table of Contents

Interactive Workshops and Training Programs	2
Brief Descriptions of Interactive Workshops.....	2
Trauma, Resilience, and Healing / Mental Health and Well-Being	2
Culturally Responsive Relationships and Equity and Inclusion	3
Developmental Screening	3
Brief Descriptions of Intensive Training Programs	4
Presentations and Conversations.....	5
Research and Evaluation	5

Interactive Workshops and Training Programs

Explore a sample of our offerings below. Visit the [BTC training calendar](#) for a complete list of upcoming events and current pricing for individuals or groups. All our offerings are learner-centered with multiple opportunities for participants to interact, apply concepts, and practice skills.

We can also provide private, customized training to meet your group's specific learning needs and schedules. For more information, contact us with your specific request at touchpoints@childrens.harvard.edu.

Brief Descriptions of Interactive Workshops

Visit our [website](#) for more information.

Trauma, Resilience, and Healing / Mental Health and Well-Being

Beyond Trauma-Informed Care: Engaging Adults and Children in Healing and Resilience

Providers can support healthy development and promote healing and resilience for both children and their adult caregivers with trauma experiences. In this interactive workshop series, participants deepen their understanding of the individual and systemic impact of trauma. The three workshops offer strategies to promote resilience, adaptation, and healing in work with children and families. *Series of three 90-minute workshops.*

Supporting Everyone's Mental Health

The ongoing COVID-19 pandemic, its economic fallout, racial reckoning, and social isolation have added enormous stress and grief to many people's lives. Families and providers are reporting higher rates of burnout, stress, trauma, and other common mental health issues. This interactive series offers strategies to support the mental health and resiliency of children, families, and family-facing providers, and nurture self-care. *Series of three 90-minute workshops.*

Family Connections Infant and Early Childhood Mental Health Consultation

Infant and Early Childhood Mental Health Consultation (IECMHC) is a capacity-building intervention that supports the mental health and social-emotional well-being of children, families, and providers who work with them. Family Connections is an evidence-based, system-wide model for mental health consultation and professional development. This interactive series helps participants gain knowledge and skills to strengthen relationships with adults and children; discuss mental health concerns, including parental depression; and promote family well-being and resiliency. *Series of three 90-minute workshops.*

Culturally Responsive Relationships and Equity and Inclusion

Building Culturally Responsive Relationships with Families from Recruitment to Transition

Understanding families' cultures — and our own — is essential to building respectful partnerships with families. This is especially true during challenging times for families and communities. This interactive series focuses on building and nurturing culturally responsive relationships with families from ERSEA to transitions. This series is for all professionals who work with families of young children in Head Start, Early Head Start, and other child care settings. *Series of four 90-minute workshops.*

Strength-Based Family Engagement

Building relationships with families is one of the most important things providers do. In this series, participants learn effective strategies for building collaborative, trusting relationships with families in virtual and in-person settings. This series highlights ways to provide creative supports for families to ensure equitable outcomes for all children, regardless of race, income, or ability. *Series of five 90-minute workshops.*

Navigating Challenging Conversations: Why, What, and How

Challenging conversations are an inevitable part of building trusting relationships with families, colleagues, and partners. While these conversations can be uncomfortable, they are also opportunities for self-reflection and growth. This three-part series explores how racism, culture, and bias may affect when and how we experience conversations as challenging. Participants practice applying a strengths-based approach to engage in challenging conversations effectively. *Series of three 90-minute workshops.*

Developmental Screening

Development is a Journey Conversation Roadmap: A Tool for Talking with Families

One in six children shows a delay at some point in their early development. Identifying these delays and disabilities as early as possible is important for all children, regardless of race or income. This workshop introduces the Brazelton Touchpoints [Developmental is a Journey Conversation Roadmap](#). Participants learn seven simple steps to engage parents actively in planning for their child's developmental needs. This interactive workshop promotes a strength-based and culturally responsive approach. The Centers for Disease Control and Prevention and the American Academy of Pediatrics are sharing this tool as a resource for productive conversations with parents about developmental screening and results. *One 3-hour workshop.*

Brief Descriptions of Intensive Training Programs

Brazelton Touchpoints is an evidence-based approach to building strong family-child and family-provider relationships. Brazelton Touchpoints training applies a deep understanding of children's development and behavior as a strategy for engaging families. Training participants explore strengths-based ways to support parental confidence and competence. Learn more about Brazelton Touchpoints and our other intensive training programs below.

Brazelton Touchpoints: The How of Child and Family Engagement

This dynamic intensive training program introduces the Brazelton Touchpoints approach. Participants learn concrete strategies to create and nurture collaborative partnerships with families and to talk with families about their child's development. This training program is available virtually or in-person and includes six monthly follow-up reflective practice sessions. This training provides 20.25 CME/CEU credit hours for physicians, nurses, social workers, and psychologists. *28-hour program.*

Brazelton Touchpoints for Special Contexts and Audiences

BTC offers adaptations of the Brazelton Touchpoints training program, including:

- **Brazelton Touchpoints in Libraries**
- **Brazelton Touchpoints for Mental Health Clinicians**
- **Brazelton Touchpoints: Partnering with Families in the Context of Developmental Challenges**
- **Brazelton Touchpoints: Partnering with Families in Recovery**
- **Brazelton Touchpoints: Partnering with Families of School-aged Children**

Brazelton Touchpoints Relationship-Based Supervision and Coaching

Reflective practice is a powerful tool for deepening our learning. Reflective practice helps us think about past experiences with families and plan for the future. It also helps strengthen professional and organizational practice. This training provides supervisors a model for reflective coaching and supervision to support staff using Brazelton Touchpoints with families. *Two-day training program. Prerequisite: Brazelton Touchpoints training.*

Facilitating the Brazelton Touchpoints Parenting Program

Research tells us that a loving parent-child relationship is the strongest predictor of a child's future success. The Touchpoints Parenting Program supports positive parent-child relationships in families with young children. This practical curriculum includes five engaging parenting modules in line with the Head Start Program Performance Standards. This training addresses how to implement the Touchpoints Parenting Program. Participants learn strategies for engaging parents in conversations about their children's development. Participants practice supporting parental mastery and facilitating group discussion. This training is followed by six monthly virtual reflective practice sessions to reinforce the strategies and tools learned. *Two-day training program. Prerequisite: Brazelton Touchpoints training*

Newborn Behavioral Observations System

Positive parent-child relationships are essential for young children's healthy development and learning. The Newborn Behavioral Observations system (NBO) is an infant-focused, family-centered relationship-building tool

designed to introduce parents to their baby's competencies, challenges, and individuality. Providers use the NBO to foster the development of a positive parent-infant relationship from the very beginning. Participants learn how to use the NBO to describe the newborn's capacities and behaviors from birth to the third month of life. This program offers 11.5 CME/CEU credit hours across many disciplines. *Three half-day training program.*

Presentations and Conversations

BTC's nationally sought-after experts are available to lead engaging presentations and healing conversations about today's challenges and how we can partner with children and families to overcome them. Below are a few examples of presentations and conversations delivered by BTC staff in recent months:

- A Conversation on Culturally Responsive Trauma-Informed Practices during and after COVID-19
- Changing Mental Models, Changing Systems for Community-Wide Family Engagement, Racial Equity, and Healing
- Trauma, Historical Trauma, and Healing
- The Shared Experience of Observation: Deepening Understanding, Empathy, and Trust
- Raising Children with Kindness to Become Compassionate and Caring Adults

[Contact us](#) to schedule speakers about topics in early care and education, child development, and racial equity.

Research and Evaluation

BTC uses a *co-constructed developmental* approach to research and evaluation, with a commitment to *equity* and *collaboration* in the design and implementation of all research and evaluation activities. [Contact us](#) to discuss our full range of services to meet your research and evaluation needs.