



Parenting While Black 2022: Webinar Resources (April 18, 2022)

Episode 4: Elevating our Racial Identity: Flourishing in Blackness Across the Life Span

Notable Authors for Positive Black Youth Development

- **Jason Reynolds** <https://www.jasonwritesbooks.com/books>
- **Zetta Elliot** <https://www.zettaelliott.com/books/kids/>

Research Reports

- **Black Children and Adolescents Can Achieve Greater Heights with Research-informed Policies and Practices** by Sanders, Thompson, and Harper (2022) <https://www.childtrends.org/publications/black-children-and-adolescents-can-achieve-greater-heights-with-research-informed-policies-and-practices>
- **Black Genius Framework and Elements** by Majors & Jackson (2021) https://ef4c64e4-46bf-49a9-87c1-121b10b37022.filesusr.com/ugd/e11e92_8b90c5981fb343bab69afaa36bd6eb96.pdf
- **Ring the Alarm. The Crisis of Black Youth Suicide in America** by Action Alliance (2020) <https://theactionalliance.org/resource/ring-alarm-crisis-black-youth-suicide-america>
- **The Potential for Youth Programs to Promote African American Youth's Development of Ethnic and Racial Identity** by Aerika Brittian Loyd & Brittney V Williams (2017) <https://pubmed.ncbi.nlm.nih.gov/28503192/>
- **Girlhood Interrupted: The Erasure of Black Girls' Childhood (2017)** by Rebecca Epstein, Jamilia J. Black, & Thalia González <https://genderjusticeandopportunity.georgetown.edu/wp-content/uploads/2020/06/girlhood-interrupted.pdf>
- **Black Child National Agenda: America Must Deliver on its Promise** by Iruka, James, Reaves, & Forte (2021) https://equity-coalition.fpg.unc.edu/wp-content/uploads/Black-Child-Natl-Agenda-Final2_Web.pdf

Articles

- **'Teaching Black children well is purest form of activism'** by Maureen Downey (2021) <https://www.ajc.com/education/get-schooled-blog/teaching-black-children-well-is-purest-form-of-activism/TPNFVXYSMNAETF4MTGC4K3D63M/>
- **7 Realistic Media Representations of Black Kids for Them to Read, Listen to, and Watch** by A. Rochaun Meadows-Fernandez (2022) <https://www.parents.com/kindred/realistic-media-representations-of-black-kids-for-them-to-watch/>
- **Giving Voice to the Feelings of Black Boys: Strategies to promote the emotional development of Black boys** by Amber A. Hewitt (2017) <https://www.psychologytoday.com/us/blog/you-empowered/201705/giving-voice-the-feelings-black-boys>
- **Partnering With Families to Support Black Girls** by Adam Alvarez (2021) <https://www.learningforjustice.org/magazine/partnering-with-families-to-support-black-girls>



Village of Wisdom: Black Genius

- **Village of Wisdom (Dr. William Jackson)** <https://www.villageofwisdom.org>
- **Tools to protect Black genius:** <https://www.villageofwisdom.org/tools-to-protect-black-genius>
- **Pledge to protect Black genius:** <https://www.villageofwisdom.org/pledge-to-protect-black-genius>
- **Black Genius protected by Village of Wisdom:** <http://blackgenius.com>
- **Wisdom Wednesday (Black Parent Conversation Series) at Village of Wisdom**

Books

- ***Cultivating the Genius of Black Children: Strategies to Close the Achievement Gap in the Early Years*** by Debra Ren-Etta Sullivan
- ***The Developmental Psychology of the Black Child*** by Amos N. Wilson
- ***Black Youth Rising: Activism and Radical Healing in Urban America*** by Shawn Ginwright

Organizations

- **The Black Genius Foundation** <https://www.theblackgeniusfoundation.org>
- **Boston University Center on the Ecology of Early Development (CEED)** <https://www.bu-ceed.org/>
- **National Black Child Development Institute (NBCDI)** <https://www.nbcdi.org/who-we-are>

Resources for Children

Children's books

- ***I Am Every Good Thing*** by Derrick D. Barnes
- ***Black Boy Joy*** by Kwame Mbalia
- ***All Because You Matter*** by Tami Charles
- ***M is for Melanin*** by Tiffany Rose
- ***My Rainy Day Rocket Ship*** by Markette Sheppard
- ***Hidden Figures: The True Story of Four Black Women and the Space Race*** by Margot Lee Shetterly
- ***Have You Thanked an Inventor Today?*** By Patrice McLaurin
- ***Young Gifted and Black: Meet 52 Black Heroes from Past and Present*** by Jamia Wilson
- ***Benny Doesn't Like to be Hugged*** by Zetta Elliott
- ***Sherman Center Diverse Books Collection Classification Table***
https://shermancenter.umbc.edu/files/2020/06/SC_DBP_Collection_ClassificationTable_6.2020-1.pdf



Affirmations

- **Empowered Black Girl: Joyful Affirmations and Words of Resilience** by M. J. Fievre
https://www.amazon.com/Empowered-Black-Girl-Affirmations-Self-Esteem/dp/1642505609/ref=asc_df_1642505609/?tag=hyprod-20&linkCode=df0&hvadid=509203545053&hvpos=&hvnetw=g&hvrnd=9158329765780974453&hvpon=&hvptwo=&hvqmt=&hvdev=c&hvdvcmdl=&hvlocint=&hvlocphy=9001937&hvtargid=pla-1224034726039&psc=1
- **Building Self-Esteem In Black Girls: Daily Affirmations For Black Girls** by Pamela Haddon
https://www.amazon.com/Building-Self-Esteem-Black-Girls-Affirmations/dp/B085KBRXVH/ref=asc_df_B085KBRXVH/?tag=hyprod-20&linkCode=df0&hvadid=521080578956&hvpos=&hvnetw=g&hvrnd=17199447532073159678&hvpon=&hvptwo=&hvqmt=&hvdev=c&hvdvcmdl=&hvlocint=&hvlocphy=9001937&hvtargid=pla-1268026097275&psc=1
- **A-B-C Affirmations for Young Black Men: Grade-School** by E’Nyah Reed https://www.amazon.com/B-C-Affirmations-Young-Black-Men/dp/B09MYXSB9H/ref=asc_df_B09MYXSB9H/?tag=hyprod-20&linkCode=df0&hvadid=581994915246&hvpos=&hvnetw=g&hvrnd=3928642451415304708&hvpon=&hvptwo=&hvqmt=&hvdev=c&hvdvcmdl=&hvlocint=&hvlocphy=9001937&hvtargid=pla-1699112831647&psc=1
- **Charm Words Podcast** <https://www.abfc.co/shows/charm-words-affirmations-for-kids/>
- **Lovely Affirmation Cards** <https://lessouires.bigcartel.com/product/lovely-affirmation-cards>

Color and Colorism

- **All the Colors we Are: The Story of How We Get Our Skin Color** by Katie Kissinger
<https://socialjusticebooks.org/all-the-colors-we-are-story-skin-color/>
- **Different & Differenter: An Activity Book About Skin Color** by Jyoti Gupta
<https://www.jyotigupta.com/different-differenter>

Organizations: Supporting Black Youth

- Black Youth Project
- Brown Girls Do Ballet
- *CHARM* Lit Mag
- Coalition on Antiracism Education (CARE)
- Girls Going Global
- Gyrl Wonder
- Justice for Black Girls
- Life Pieces to Masterpieces
- My Brother’s Keeper
- Pretty Brown Girls
- The YBM Leadership Alliance
- Youth BreakOUT!



Mental Health Resources

- **Substance Abuse and Mental Health Services Administration National Helpline –**
 - 1-800-662-HELP (4357)
- **The Association of Black Psychologists** <https://abpsi.org>
- **Therapy for Black Men** <https://therapyforblackmen.org/>
- **Therapy for Black Girls** <https://therapyforblackgirls.com/>
- **InnoPsych: Find a Therapist of Color** <https://www.innopsych.com>
- **It's Hard to Search for a Therapist of Color. These Websites Want to Change That** by Christina Caron (2022) https://www.nytimes.com/2021/07/16/well/mind/find-black-latinx-asian-therapist.html?unlocked_article_code=AAAAAAAAAAAAAAAAACEIPuomT1JKd6J17Vw1cRCfTTMQmqxCdw_Plxftm3iWna3DKDm8ciPsYB4zH_kbLae1tZt0_mj6fTdRCdbsmWP103qpWJE1kTUy0opaekYwEODlzqZ62Wil--aPxao0C0G2gaHileqA4zaejvhmCPX_rDaTa1nclLBjM9Zc2aV2u2nQXz6_HGvpy29h0261wB5EuRToQdWld6amTfhZ1O92AaBve4xBnGL0KHGGOWqPPru4IYw5QClnZTXlg429a69IUPdofOayXPAd3MYOlwu1XUjo0Wd_vU54hRIHUIKFotKrNoXGMysmwxvYwFsZErXH4_S8TAM8zkhDqu7oE2uk&smid=em-share