National Substance Use Disorder Summit

Families in Recovery:
The First 1,000 Days – Pregnancy, Newborns, the First Years

February 1, 2023

www.brazeltontouchpoints.org
Thank you for joining the Brazelton Touchpoints Center's (BTC) second virtual National Substance Use Disorder (SUD) Summit. This year's theme is *Families in Recovery: The First 1,000 Days – Pregnancy, the Newborn, and the First Years*.

Families in recovery are the experts on their families and their children — and on the unique challenges and opportunities of their first 1,000 days. This year, BTC has invited family members with lived experience, including those who now devote their lives to supporting other families in recovery, to share with us their expertise.

This all-day virtual summit features three nationwide conversations on peer-recovery approaches to centering family voice; building on families’ strengths, resources, and wisdom; and shifting power to overcome racial and economic inequities in access to treatment and other resources:

**Preconception and Pregnancy:** The traumas that the majority of adults with SUD experience often begin — or continue — before and between conception. Often, they continue through pregnancy. Yet the vulnerabilities of these times of life can also be opportunities — to begin and deepen relationships that endure through the ups and downs of recovery, to connect with the supports needed to rebuild lives that SUD has dismantled, and to engage in treatment that can protect the fetus and pregnant people.

In this conversation, parents with lived experiences and frontline providers will share what they have learned on the recovery journey before and during pregnancy. Together, we will spotlight strengths-based approaches that value birth equity, are inclusive, and create communities of belonging while also addressing the isolation, fear, trauma, loss, and grief experienced by expectant and birthing families as they move toward healing and transformation.
The Newborn: Newborns showing signs of withdrawal can be challenging to care for, undermining new parents' confidence and trust in their skills and relationship. Yet the new responsibility of caring for a newborn can motivate parents to seek treatment and strive for recovery. Unfortunately, when seeking support for themselves and their infants, birthing families in recovery all too often face stigma — stigma that can reactivate stress responses of distrust and withdrawal.

Still, the vulnerability of the newborn period provides an opportunity for parents, infants, and providers to join together to focus on strengths and healing in relationships. In this conversation, we'll hear about the many ways that infancy can offer us hope for the child’s development and for parents’ recovery journey.

Infants and Toddlers: The first years of life can be challenging and exhausting for all parents. Children are just learning how to regulate their feelings and behaviors, require more time and energy than many parents feel they have, and need access to concrete, material resources, such as food, safe housing, and health care. For parents living with SUD, these challenges can feel overwhelming. Adults with SUD need time and energy for their own recovery, often struggle with their own self-regulation due to prior or ongoing trauma, and may be catching up on their own development that SUD and trauma have derailed.

In this conversation, we'll learn how the vulnerabilities of this period can be opportunities for providers to build trusting relationships with parents that promote their motivation for recovery, children's well-being, connections to community resources, and resilient responses to the relapses that so often characterize this chronic disease’s course.
BTC’s involvement in this field dates back to the 1970s and the advent of Dr. T. Berry Brazelton’s Neonatal Behavioral Assessment Scale (NBAS). The NBAS has been used in nearly 1,000 research studies to date. Many have assessed the effects of environmental toxins, medications, alcohol, tobacco, and other substances during pregnancy, as well as anesthesia during labor, on newborn behavior. BTC’s frontline work in this area has included a U.S. Health Resources and Services Administration (HRSA) partnership with First 5 Santa Clara County that began in 2007. This comprehensive, cross-sector county-wide initiative brought together 28 agencies working with families with *in utero exposed* infants to build a shared vision and common language based on the Touchpoints Approach.

BTC has adapted both the Touchpoints Approach and the Newborn Behavioral Observations System (the NBO, a shorter, simpler, clinical version of the research-focused NBAS) for families in recovery. Both are being used in partnerships with clinics, hospitals, home visiting, and other programs across the United States. to:

- Surface stigma, subtle or overt, wherever it resides, and substitute safe, respectful, trust-building, strengths-based parent-professional interactions
- Build parent skills for understanding newborn behaviors as communications and for responding to challenging substance exposure-related newborn behaviors
- Promote parental confidence and sense of competence, and parent-infant attachment
- Leverage the vulnerabilities and opportunities of new parenthood to mobilize parents — who often do not feel they deserve help but know their babies do —- to accept and stay with treatment
• Provide anticipatory guidance and additional supports for families for the predictable Touchpoints of development. A new baby can help parents discover new motivation for their recovery, but the first days and years of a child’s life predictably add more stress too. These are challenging times for all families, and more so for infants and young children with self-regulation difficulties related to in utero substance exposure, and for parents with self-regulation difficulties related to SUD and highly co-morbid post-traumatic stress disorder (PTSD).

• Catalyze a shared vision and common, strengths-based language across sectors within communities. SUD is most often a chronic, recurrent disease that disrupts many aspects of a family’s functioning and resources — not just health and mental health, but also housing, employment, legal status, and more. Families living with SUD need comprehensive, relational, developmental supports and treatment.

This Summit is not just a conference. Instead, it is part of a strategic set of activities that are creating a national, cross-sector network and learning community that, together, is transforming mindsets and systems of care for families in recovery.

Sincerely,

Joshua Sparrow, MD
Executive Director
Brazelton Touchpoints Center
The Brazelton Touchpoints Center (BTC) provides strengths-based, culturally-grounded, co-constructed professional and leadership development, organizational learning and change, community-based participatory research, and program evaluation for family-facing professionals in prenatal and pediatric primary care, early childhood, infant mental health, home visiting, child welfare, library services, and more. BTC is home to the Touchpoints Approach, the Brazelton Institute (the Newborn Behavioral Observations system and the Neonatal Behavioral Assessment Scale), the Indigenous Early Learning Collaborative, the Family-to-Family Real Talk Series, the BTC Learning Network, and the BTC Research and Evaluation team. BTC is based in the Division of Developmental Medicine at Boston Children’s Hospital, the nation’s leading children’s hospital (U.S. News and World Report).

**Equity, Diversity, Inclusion, Belonging, and Access Statement**

At BTC, we are dedicated to creating a lasting community in which equity, diversity, inclusion, belonging, and access thrive. We engage in reflective practices to enhance equitable processes and outcomes, and to reduce bias — including our own. We come alongside and learn with the infants, children, families, and communities that we have the honor of working with. While we still have much work to do, we see the path to racial equity and justice as a journey — one that we have wholeheartedly embarked on. BTC is committed to creating equitable and inclusive opportunities for learning and growth through collaborative, strengths-based, culturally-affirming approaches within our organization and in our partnerships with all others.
Welcome and Opening
11:00 – 11:30 AM ET / 8:00 – 8:30 AM PT

- **Eurnestine Brown, Ph.D**, Program Director and Director of Relational Equity and Belonging, Brazelton Touchpoints Center
- **Tom Coderre**, Acting Deputy Assistant Secretary for Mental Health and Substance Use, Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health & Human Services
- **Dara Fruchter, MS**, Strategic Initiatives and Special Projects Manager, Child Development Services, Part C, Maine Department of Education

Conversation 1: Preconception and Pregnancy
11:30 AM – 1:00 PM ET / 8:30 – 10:00 AM PT

Moderator:
- **Eurnestine Brown, Ph.D**, Program Director and Director of Relational Equity and Belonging, Brazelton Touchpoints Center

Panelists:
- **Phaedra Moore, BA**, Project RESPECT Peer Recovery Specialist, Boston Medical Center
- **Christine Perez, Ph.D, RN**, National Clinical Improvement Thought Leader NICU, Philips Healthcare
- **Mishka Terplan, MD, MPH, FACOG, DFASAM**, Medical Director and Senior Research Scientist, Friends Research Institute

Break
1:00 – 1:30 PM ET / 10:00 – 10:30 AM PT

Conversation 2: The Newborn
1:30 PM – 3:00 PM ET / 10:30 AM – 12:00 PM PT

Moderator:
- **Jayne Singer, Ph.D, IECMH-E®**, Director of Developmental and Relational Health, Brazelton Touchpoints Center
Panelists:

- **Nneka Hall**, Founder, Mother IS Supreme, Inc.; Pregnancy and Infant Loss Awareness Advocate
- **Jamie Saunt**, MSW, Early Childhood Mental Health Therapist, Ohio Guidestone; Ph.D candidate, Case Western Reserve University
- **Amy Sommer**, Clinical Director, Center for Early Relationship Support (CERS®), Jewish Family and Children’s Service of Greater Boston
- **Joshua Sparrow, MD**, Executive Director, Brazelton Touchpoints Center
- **Jamie Corbett, MSW, LADC, CCS**, Adult Program Manager for Aroostook Mental Health Center for Washington and Hancock County, Maine; Advocate, Maine Recovery Advocacy Project
- **Heidi Hausler**, Parents in Recovery Program Coordinator, Turning Point Center of Chittenden County, Vermont
- **Ashlee Loyer**, Peer recovery coach, mother with lived experience with SUD and recovery
- **Ilisa Stalberg, MSS, MLSP**, Director of Maternal and Child Health, Vermont Department of Health

**Break**
3:00 – 3:30 PM ET / 12:00 – 12:30 PM PT

**Conversation 3: Infants and Toddlers**
3:30 PM – 5:00 PM ET / 12:30 – 2:00 PM PT

Moderator:

- **Joshua Sparrow, MD**, Executive Director, Brazelton Touchpoints Center

Panelists:

- **Jamie Corbett, MSW, LADC, CCS**, Adult Program Manager for Aroostook Mental Health Center for Washington and Hancock County, Maine; Advocate, Maine Recovery Advocacy Project
- **Heidi Hausler**, Parents in Recovery Program Coordinator, Turning Point Center of Chittenden County, Vermont
- **Ashlee Loyer**, Peer recovery coach, mother with lived experience with SUD and recovery
- **Ilisa Stalberg, MSS, MLSP**, Director of Maternal and Child Health, Vermont Department of Health

**Closing**
5:00 – 5:30 PM ET / 2:00 – 2:30 PM PT

- **Eurnestine Brown, Ph.D.**, and **Jayne Singer, Ph.D.**, Brazelton Touchpoints Center
Continue your learning and professional growth at these Brazelton Touchpoints Center trainings and events. Summit participants can receive a 10% discount on registration fees. Use this coupon code when you register: **Summit23TY**

Learn more and register here

**Newborn Behavioral Observations (NBO) System for Families in Substance Use Recovery**
This training shares the same basic curriculum, content, and certification process as standard NBO trainings and includes additional materials that focus on infants who have experienced prenatal substance exposure and postnatal withdrawal (NAS/NOWS) and strategies for enhancing relationship-based care skills with their parents living with substance use disorder. CMEs/CEUs are available for specific disciplines.  
**Dates:** 3-day trainings in April and October

**Workshop: Newborn Behavioral Observations for Families in Substance Use Recovery**
This half-day workshop is for professionals who are already trained in the NBO and would like to deepen their understanding of infants who have experienced prenatal substance exposure and postnatal withdrawal (NAS/NOWS) and enhance their relationship-based care skills with parents living with substance use disorder.  
**Dates:** April 13 and September 14

**Hope in the Face of Adversity: Touchpoints in the Context of Substance Use Disorder**
This 90-minute workshop explores how the Touchpoints Approach to family engagement can help providers create and nurture strong, trusting partnerships with families affected by substance use disorder. Participation in a previous Touchpoints Training is preferred but not required.  
**Date:** May 17, 3–4:30 PM ET/ 12–1:30 PM PT
Families in Recovery: Touchpoints in the Context of Substance Use Disorder
The Touchpoints Approach is an evidence-based developmental and relational approach to building strong family-child and family-provider relationships. Learn how Touchpoints can help you build strengths-based and trusting partnerships with families living with substance use disorder. CMEs/CEUs are available for specific disciplines.

**Dates:** Our next multi-day training starts on September 12!

Beyond Trauma-Informed Care: A Developmental-Relational Framework for Engaging Adults and Children in Healing and Resilience
This three-part workshop series explores strengths-based foundational concepts and actionable strategies related to trauma, adaptation, and healing. Deepen your understanding of the individual and systemic impacts of trauma. Learn how to better respond with empathy to behavior displayed by children and adults who have experienced trauma, while building safe and trusting relationships.

**Dates:** April 6, 20, and 27; 10–11:30 AM ET/ 7–8:30 AM PT

2023 Virtual National Forum – All About Fathers* and the Men* in Children’s Lives
Join BTC for three days of conversations about fathers, grandfathers, uncles, brothers, and *all cis and transgender men involved in caring for children. Registration will open soon!

**Dates:** May 2, 3 & 4

Register for trainings and events here

Visit our website to view all BTC events!

Want to bring a BTC training to your specific group? Contact us today!
Eurnestine Brown, PhD, Program Director and Director of Relational Equity and Belonging, Brazelton Touchpoints Center; Director of Equity, Diversity, Inclusion, Belonging, and Access, Division of Developmental Medicine, Boston Children’s Hospital; Senior Strategic Advisor on Equity, Diversity, Inclusion, Belonging, and Anti-Racism, Rosamund Stone Zander Translational Neuroscience Center

Dr. Eurnestine Brown leads BTC’s efforts to become an anti-racist and inclusive Center that promotes sustainable excellence by creating an organizational culture that is committed to equity, diversity, inclusion, and belonging. As a developmental psychologist with 25+ years of experience, doula, and equity influencer, she is dedicated to improving the lives of birthing people, families, infants, toddlers, and children — especially those who are racially and historically marginalized. She moderates BTC’s Parenting While Black, Family-to-Family Real Talk Series.

Dr. Brown has extensive experience in research design, implementation, analysis, and evaluation, and all aspects of data collection, observation, and coding with infants, children, and families. She has consulted for nonprofit agencies, school districts, and child and adolescent clinics across the United States. She is a former Early Head Start/Head Start Program Director. She is the co-editor of African-American Women: An Ecological Perspective and has published papers in journals such as Developmental Psychology and Development and Psychopathology. Dr. Brown is a Board Member for Infant Massage USA.
Tom Coderre, Acting Deputy Assistant Secretary for Mental Health and Substance Use, Substance Abuse and Mental Health Services Administration (SAMHSA), U. S. Department of Health & Human Services

Tom Coderre is the Acting Deputy Assistant Secretary for Mental Health and Substance Use at the Substance Abuse and Mental Health Services Administration (SAMHSA). With decades of public, private, and non-profit service, Mr. Coderre is the first person in recovery to lead SAMHSA. Mr. Coderre’s career has been significantly influenced by his personal journey and a philosophy that acknowledges the essential role peer recovery support services play in helping people with mental and substance use disorders rebuild their lives.

In his role as SAMHSA’s Region 1 Administrator, Mr. Coderre led the prioritization of prevention, treatment and recovery services under the strain of COVID-19. He reconvened the Federal Interagency Workgroup on Opioids and as overdoses spiked throughout 2020, he brought the region together to identify programmatic and policy solutions to respond.

Tom is the former Chief of Staff to the Assistant Secretary for Mental Health and Substance Use and Senior Advisor to the SAMHSA Administrator. Mr. Coderre led the team that produced “Facing Addiction in America: The Surgeon General’s Report on Alcohol, Drugs, and Health.”

As Senior Advisor to former Rhode Island Governor Gina Raimondo, Mr. Coderre co-chaired a task force that coordinated a multi-layered strategy to address the opioid crisis. Mr. Coderre worked on mental health policy and helped draft an Executive Order to improve access to treatment by enforcing parity laws. He also worked with the State
Police to establish the Hope Initiative, the first statewide program that engages law enforcement personnel in a proactive public health approach to combat the overdose epidemic.

Mr. Coderre is the former National Field Director of Faces & Voices of Recovery and appeared in the documentary film The Anonymous People. He served as a member of the Rhode Island Senate from 1995 to 2003 and as Chief of Staff to the Senate President from 2009 to 2014. He has been recognized on numerous occasions for his dedication and advocacy efforts. Mr. Coderre is a graduate of both the Community College of Rhode Island and Rhode Island College.

Jamie Corbett, MSW, LADC, CCS, Adult Program Manager for Aroostook Mental Health Center for Washington and Hancock County, Maine; Advocate, Maine Recovery Advocacy Project

Jamie Corbett is a mother in long-term recovery, the Adult Program Manager for Aroostook Mental Health Center for Washington and Hancock County Maine, and an advocate for recovery in all its forms with the Maine Recovery Advocacy Project. Her own experience of substance use disorder and pursuit of recovery led her to receive her BS in mental health and human services, allowing her to enter the field after becoming licensed in the state of Maine as a substance use disorder counselor. After working on the front lines of the substance use epidemic for over eight years focused on perinatal/postpartum and justice involved populations, she earned her MSW through the University of Maine in 2022 to increase her capacity to be of service to the recovery community. Through her involvement with numerous organizations and collaboratives, she is able to be an agent for change that supports recovery for individuals, families, communities, and systems.
Dara Fruchter, MS, Strategic Initiatives and Special Projects Manager, Child Development Services, Part C, Maine Department of Education

Dara Fruchter is the Strategic Initiatives and Special Projects Manager for Child Development Services, Part C (0–36 mos.), at the Maine Department of Education. In the role, she collaborates with early intervention specialist providers and clinical and social services community partners statewide to promote and strengthen ongoing programmatic development. With a focus on regional education and state-level partnerships, she is building an awareness of the range of individualized benefits available to Maine’s infants, children, and families through Child Development Services, Part C. She also works to expand understanding of Maine’s Established Conditions of Risk, 0–36 mos., including substance exposed infants and their families, who are automatically eligible for Maine’s early intervention developmental supports and many other resources.

Previously, she served as Project Manager for Infant and Maternal Substance Use Prevention Coordination at the Maine Center for Disease Control and Prevention. In collaboration with colleagues statewide, she worked to develop, coordinate, assess, and promote initiatives that support best possible outcomes for substance exposed infants and the parenting individuals and families surrounding them who live with substance use disorder. She also developed programming for and coordinated Maine’s Maternal and Child Health and Substance Exposed Infant Conference. Between 2021 and 2022, she partnered with creative professionals to complete films of eight recovery stories; these films were developed in a variety of regions throughout Maine and share some of the voices and experiences of mothers living with substance use disorder in recovery.

Prior to her leadership roles in Maine, she worked in Massachusetts advocating for the importance of newborn developmental care and
early healthy infant brain development, specifically for substance exposed newborns. Her collaboration with doctors at Boston Children's Hospital and the Brazelton Institute, along with vast community outreach, contributed to new programming throughout the state with a focus on developmental care for substance exposed infants along with peer recovery coaching for their mothers living with substance use disorder.

Nneka Hall, Founder, Mother IS Supreme, Inc.; Pregnancy and Infant Loss Awareness Advocate

Nneka Hall is the Founder of Mother IS Supreme, Inc. for postpartum care and a Commissioner in the Massachusetts Commission on Post-partum Depression. A mother of four children, including one angel baby and one rainbow child, Nneka is a passionate Pregnancy and Infant Loss Awareness Advocate with a primary focus on infant and maternal mortality within the African American community. In 2014, she founded the Quietly United in Loss Together (QUILT) Campaign to raise awareness of all types of loss from conception through a child's first two years of life, teach healthy fertility through womb health education, provide support to families who suffer these losses, and provide support for memory programs so they won't close due to inability to afford supplies. Following the stillbirth of her daughter in August 2010, she sought out ways to aid others in having a positive birth outcome.

Seeing the need for surround postpartum care, she became a Doula and founded Mother IS Supreme. Nationally recognized for her work in the pregnancy and infant loss community, she participated in the 2016 U.S. of Women's Summit hosted by First Lady Michelle Obama and Oprah Winfrey, received a 2019 Advocate of the Year Award from the Boston Public Health Commission's Community Action Network, and was U.S. Congresswoman Ayanna Pressley's guest at the 2020 State of the Union address, among other honors.
Heidi Hausler, Parents in Recovery Program Coordinator, Turning Point Center of Chittenden County, Vermont

Heidi Hausler is the Parents in Recovery Program Coordinator for Turning Point Center of Chittenden County. A single parent in long-term recovery of two young children, she brings a unique perspective based on her personal and professional experience.

Ashlee Loyer, peer recovery coach, parent with lived experience with SUD and recovery

Ashlee Loyer is a 39-year-old, single mother with lived experience of SUD and recovery. She loves writing and is working to use telling one's story as empowerment for others, to help shift the stigma around mental health and substance use disorders.

Phaedra Moore, BA, Project RESPECT Peer Recovery Specialist, Boston Medical Center

Phaedra Moore is a Peer Recovery Specialist at Boston Medical Center’s Project RESPECT program. Phaedra has worked closely with pregnant and postpartum women with SUD in both residential treatment settings and through one-on-one peer coaching. She uses her lived experience to reach across boundaries to find places of identification and understanding that inform each outreach.
Dr. Christine Perez holds a PhD in Public Health specializing in Community Health and Education and is a Registered Nurse with over 25 years of experience working with neonatal and pediatric populations. During her NICU career, she had the opportunity to work as a travel nurse for eight years in 18 different NICUs across the country, primarily Level III/IV, leading to extensive knowledge of best practices. She was a NICU Nurse Educator for a 36-bed level IV NICU in charge of staff education, new hire orientation, research, and implementation of Evidence-Based Practice, as well as policy and procedure updates. Her current position is the National Clinical Improvement Thought Leader NICU for Philips Healthcare. She is responsible for identifying gaps in the NICU space and developing clinical services to improve the overall quality of care through education and change management, including family-centered developmental care. She has passion for improving neonatal care, promoting early intervention, and family-centered developmental care, particularly in vulnerable populations.

Dr. Perez has presented nationally on various topics, including supporting NICU families during separation, transformational leadership in the opioid epidemic prenatal environment, and breastfeeding benefits and barriers in the drug exposed infant. Her research study, “Exploring Infant Massage as Standard Nonpharmacological Treatment for Neonatal Opioid Withdrawal Syndrome,” identified facilitators and barriers to standardizing nonpharmacological care for NOWS. She also serves as an advocate for improving Maternal Child Health, including co-author for the American Public Health Association National Public Health Late Breaker Policy LB21-02, Expanding Medicaid Coverage for Birthing People to One Year Postpartum. She is a 2023 Board Member for Infant Massage USA.
Jamie Saunt, MSW, Early Childhood Mental Health Therapist, Ohio Guidestone; PhD candidate, Case Western Reserve University

Jamie Saunt brings lived experience of SUD and recovery to her work as an Early Childhood Mental Health Therapist at OhioGuidestone, where she works with young children and families who have experienced trauma. She leads trainings across Ohio for early intervention specialists that explore the impact of trauma and toxic stress on early development and educate about interventions that can combat that impact and build resilience and connection. She is also a full-time time PhD student at Case Western Reserve University focusing on trauma in the context of the child welfare system.

Jayne Singer, PhD, IECMH-E®, Director of Developmental and Relational Health and Director of Clinical Training, Brazelton Touchpoints Center; Clinical Psychologist, Boston Children’s Hospital; Assistant Professor of Pediatrics and Psychiatry, Harvard Medical School

Dr. Jayne Singer is a clinical psychologist and Endorsed Infant and Early Childhood Mental Health Clinical Mentor at the Brazelton Touchpoints Center in the Division of Developmental Medicine at Boston Children's Hospital. She serves as Director of Developmental and Relational Health and Director of Clinical Training at BTC, and is past president of the Massachusetts Association for Infant Mental Health. She engages in clinical practice and continuous national and international teaching and intensive mentoring of the Touchpoints Approach to family engagement and the Newborn Behavioral Observations (NBO) system. She spearheaded adaptations of the Touchpoints Approach
that developed within the field of primary care pediatrics for application in the fields of early intervention and developmental disabilities, early care and education, mental health practice, and substance use disorder recovery. She also helped develop a special application of the NBO to support pregnant and birthing parents and their newborns in their recovery journey.

Amy Sommer, Clinical Director, Center for Early Relationship Support (CERS®), Jewish Family and Children’s Service of Greater Boston

Amy Sommer is the Clinical Director at the Center for Early Relationship Support (CERS®), a center of excellence for direct services, training, supervision, and consultation that focuses on the earliest infant-parent relationships. She holds a post-graduate certificate in infant mental health and teaches at the Infant Parent Training Institute. She has practiced, provided consultation, and supervised in home-based, healthcare, and residential treatment settings. She has provided training to practitioners locally, nationally, and internationally on attachment-based interventions; treatment for substance-using parents and their infants; interventions for perinatal depression; and program evaluation.
Joshua Sparrow, MD, DFAACAP, Executive Director, Brazelton Touchpoints Center; Associate Professor of Psychiatry, Harvard Medical School, part-time

Dr. Joshua Sparrow is executive director of the Brazelton Touchpoints Center (BTC) in the Division of Development of Medicine at Boston Children’s Hospital, where he also holds an appointment in the Department of Psychiatry. Dr. Sparrow’s care in the 1990s for children hospitalized for severe psychiatric disturbances, often associated with physical and sexual abuse, and for developmental delays aggravated by social and economic deprivation and systemic racism, prompted his interest in the social determinants of health and mental health, and community self-strengthening, community-based prevention, and health promotion.

Dr. Sparrow has led numerous governmental and philanthropic research, training and technical assistance grants, and advised government agencies, nonprofits, academic centers, and philanthropies. He has given hundreds of lectures nationally and internationally; written numerous scholarly papers, nine books translated into more than 20 languages, and hundreds of articles for the general public; and is a recipient of the American Academy of Child and Adolescent Psychiatry Jeanne Spurlock, MD Award for Culture and Diversity. He is also associate faculty at Ariadne Labs, T.H. Chan Harvard School of Public Health/Brigham and Women’s Hospital, and has served as a visiting professor at the Shanghai Mental Health Center/Jiao Tong University School of Medicine and the School of Medicine of the University of Marseille, France.
Ilisa Stalberg, MSS, MLSP, *Director of Maternal and Child Health, Vermont Department of Health*

Ilisa Stalberg is the Director of Maternal and Child Health (Title V) at the Vermont Department of Health. In this role, she provides vision and leadership for state-wide maternal and child health initiatives. She oversees management of strategic planning, operations, programming (prenatal to youth /young adult), budget, human resources, workforce development, and communications for the division of maternal and child health. Her approach to this work combines her deep understanding of the community-based and statewide systems that collaborate to support the health of Vermont's families with her commitment to building partnerships and shared decision-making. She earned a master's degree in Social Service and Law and Social Policy from Bryn Mawr College and has been working at the Department of Health since 2010.

Mishka Terplan, MD, MPH, FACOG, DFASAM, *Medical Director and Senior Research Scientist, Friends Research Institute, Inc.*

Dr. Mishka Terplan is board certified in both obstetrics and gynecology and in addiction medicine and Medical Director and Senior Research Scientist at Friends Research Institute, Inc., in Baltimore, Maryland. His primary clinical, research, public health, and advocacy interests lie along the intersections of reproductive and behavioral health. Dr. Terplan has published extensively on health inequities, discrimination, and access to treatment and is internationally recognized as an expert in the care of pregnant and parenting people with substance use disorder.
He has been central to guidance document development at the American Congress of Obstetrician Gynecologists (ACOG), the American Society of Addiction Medicine (ASAM) and the Substance Abuse and Mental Health Services Administration (SAMHSA) and has participated in expert panels at Center for Disease Control, Office of the National Drug Control Policy, Office of Women’s Health, US Food and Drug Administration, the National Institutes of Health, and the United Nations Office on Drugs and Crime, primarily on issues related to gender, reproduction, and addiction. In addition to his work for the Friends Research Institute, he is adjunct faculty at the University of California, San Francisco, where he is a Substance Use Warmline clinician for the National Clinician Consultation Center.
Stay In Touch!

We'd love to hear from you! Here is how you can reach us...

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